

**STINA RESOURCES LTD.**

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July 3, 2012

**TSX:V- “SQA”**

**US: STNUF**

12g3-2(b): 82-2062

Shares Issued - 26,637,499

June 30, 2012 close: \$0.20

**NEWS RELEASE**

**GRANT OF OPTIONS AND APPOINTMENT OF OFFICER**

Stina Resources Ltd. (the “Company”) wishes to announce that it has entered into stock option agreements granting the right and option to purchase 1,225,000 common shares of the Company at \$0.15 per common share exercisable in whole or in part on or before five years from July 3, 2012.

Also, the Company wishes to announce to appointment of Andrew Gresko as Treasurer of the Company.

**STINA RESOURCES LTD.**

Per: “Jim Wall”

Jim Wall, CEO and Director

*Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.*