

STINA RESOURCES LTD.

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TSX:V– SQA

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NEWS RELEASE

Dime Option Agreement Termination and Financing

Stina Resources Ltd. (TSX-V: SQA) "the company" or "Stina" announces the termination of the Option Agreement with Ryanwood Exploration dated July 23, 2009 for the earn in of a 100% interest in the Dime Property located in the Ten Mile Creek District of Dawson, YT.

At this time, and with respect to current economic and industry factors, the company believes the Dime property is not a viable resource in the short term. Furthermore, recent discussions between the Yukon government, local aboriginal leaders, the Federal government, and industry representatives have added a new dimension of uncertainty to the Dime property project. A recent litigation ruling challenged the legality of the grant of mineral titles in the Yukon in connection with Crown's obligation to consult with First Nations on decisions affecting their aboriginal title and rights. This has abruptly changed the landscape for Stina and its investors with respect to the Dime property, and the company believes the best decision at this time is to exit the option agreement. Further, recent economic factors, particularly with respect to the Dime property's local region, have lead Stina to re-evaluate the ultimate potential of the property in the short to mid term future. The Company thanks Ryanwood for its joint cooperation over the past several years on the Dime Project.

Stina is currently negotiating with several groups for the acquisition of at least two other properties in Canadian mining friendly districts, and will announce details in the near future as they become available. The Company believes these new opportunities could align well with its current assets, and develop into valuable, sensible projects that could increase company and shareholder value, while continuing to seek other additional opportunities.

The company also announces that it will not proceed with the private placement announced on March 7, 2014 for 200,000 units at \$0.25, with each unit consisting of one common share and one warrant at \$0.50 per for a period of two years. Stina has instead secured working capital internally.

The Company intends to update shareholders of new project details and acquisitions in the near future and thanks its shareholders for their support in this difficult decision to proceed in a new and more viable direction towards increasing shareholder value.

On Behalf of the Board,
James Corrigan, President

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